



Commitment is Cool. And what's even cooler is how it can lead you to remarkable results. One of the great myths of top performance and big success is that it's all about motivation. It's motivational speakers and motivating sales people and paying the price and blah, blah, blah.

News flash: Motivation is temporary. Success in anything demands the constant of commitment - yours.

Commitment is stronger than motivation. But before you can commit, to anyone or anything, you must believe. Walt Disney once said of making dreams come true, "When you believe in a thing, believe in it all the way, implicitly and unquestionably."

Personal Development is Personal, and Commitment is the Key

Commitments are a big part of personal development - and life and work and relationships and getting the most from each. It's just another reason why personal development is so, well, personal. Because some of the things I've committed to might not hold the same personal value to you. And visa versa.

Commitment means you resolve to do what it takes on a consistent basis, even when you don't feel motivated. Like today. Or maybe tomorrow. What have you committed to that means no matter how you feel you're keeping on? Your marriage? Parenting? Your work? Selling? Reading? Listening? Writing? Teaching? *What have you committed to?*

The clues of success are yesterday's wisdom and today's revelation all rolled into one. They are historic clues and visionary thinking. But the reason you absolutely must be something or see something or become something is personal. And it requires a commitment on your part to arrive at your desired destination.

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Become a History Major

History can give you the model to high achievement: the clues, the stories, the successes, the way others did it. The only thing you shouldn't accept from history is why it's never been done before. That's the limitations of the past. And this is *the Future*. The impossible is done everyday, somewhere. You could be next in line for breakthrough success.

Epictetus was onto something in the second century. "First say to yourself what you would be; and then do what you have to do."

How can you become better at commitment? Make it Personal. Here's my short list:

Commit to beginning.

Beginning to do what you've never done to become what you've never been. Beginning is exciting. It's an adventure to start something. At least try looking at it from that uncommon perspective. The clichés of the masters aren't all clichés. It is true that you don't have to be great to start something, but you do have to start something to become great.

Commit to thinking.

What if Napoleon Hill were right? Think, and grow rich. What if there really was something to Sir Isaac Newton's answer to the question on how he discovered the law of gravity? "I thought about it all the time." How about Ralph Waldo Emerson's clue, "We become what we think about all day long?" Hmmmm. The evidence begins to pile up when you become a good student. Think. Deeply. And then capture your thoughts on paper. Before you know it, you've got a vision and written goals on how to get there.

Commit to giving.

Giving makes you bigger than you are. The more you give, the more you pour out, the more life will be able to pour into you. What are you thankful for? *What have you been given in life? And how do you measure what you have?*

Try measuring your worth not in dollars or possessions, but the things in your life for which you would not take money. *Priceless things not for sale at any price.*

Commit to life.

Don't trade living for existing.

Want the rest of Michael's List of The 10 Commitments? Visit www.AutoSuccess.biz.

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* must be an attendee and register by April 26th, 2005
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